



# JOHNNY G SPIRIT BIKE



ELECTRONIC SHIFTING



MULTI-TOUCHPOINT  
RESISTANCE



FLYWHEEL BRAKE

The Johnny G Spirit Bike is the perfect innovation - with the past molded and forged into the future.

The electronically-controlled, magnetic resistance system allows users to duplicate, replicate and differentiate their training sessions. Performance metrics are accessible at all times on the high-visibility LED display. The cockpit-style console has been strategically crafted to transport you into an elevated state of performance through the integration of mind and body.

## JOHNNY G SPIRIT BIKE FEATURES

- Electronically controlled magnetic resistance system with multiple adjustment touchpoints.
- Belt drive system provides the feel of a road bike.
- Proprietary handlebar design for comfort and resistance buttons at your fingertips regardless of ride position.
- Solid steel construction and triple powder coated for durability.
- Smart, Bluetooth® and ANT+™ enabled electronics.



Level, RPM, time,  
distance, watts, heart rate

Smart, Bluetooth® and  
ANT+™ enabled electronics

Power zone  
indicator

Heart rate zone  
indicator



## SPECIFICATIONS

### CONSOLE FEATURES

DISPLAY	23 characters with 6 data metrics at a glance, multi-color heart rate and power zone indicator LEDs
PROGRAMS	heart rate zone, power zone, lap, Functional Threshold Power (FTP) test
WORKOUT SUMMARY	time, distance, watt avg, watt peak, speed avg, speed peak, heart rate avg, heart rate peak, RPM avg, RPM peak, lap, % time in heart rate zone, % time in power zone
FUNCTION KEYS	forward control pad with resistance and play button to start workout from warm-up, includes additional resistance buttons at handlebar ends
POWER	generator drive system with power save function to store workout data for 10 minutes after pedalling stops
CONNECTIVITY	Bluetooth® FTMS channels and ANT+™, compatible with Myzone™, Garmin® and leaderboards

### PRODUCT FEATURES

RESISTANCE CONTROL	electronically controlled magnetic resistance with multi-touch point adjustments
RESISTANCE LEVELS	20 levels
DRIVETRAIN	Conti Synchroforce® HTD and Hutchinson® FleXonic® Poly V® belts
SAFETY STOP	braking lever to stop flywheel
SEAT & HANDLEBAR ADJUSTMENTS	up/down - locking pop-pin, fore/aft - lever lock
FLYWHEEL	21 kg / 46 lbs
CRANK ARMS	170 mm / 6.7 in
Q-FACTOR	168 mm / 6.6 in
PEDALS	dual sided with SPD and straps
FRAME CONSTRUCTION	solid steel with 3 layers of protection (plated, powder-coated and clear coat)
LEVELER FEET	rubber to protect flooring
DIMENSIONS	1250 x 500 x 1100 mm / 49 x 20 x 43 in
PRODUCT WEIGHT	68 kg / 151 lbs
MAX. USER WEIGHT	159 kg / 350 lbs
CERTIFICATES & PATENTS	CE(EN957), UL, CSA, and FCC. Patent pending.